

How to Get Health Insurance

Young adults are eligible to stay on their parents' health insurance plans until they turn 26. If for whatever reason you are unable to do so, here are some resources to sign up for your own health insurance plan:

School Health Insurance

Some colleges and universities offer health insurance plans for their students. Check with your individual school to look into their healthcare options.

Affordable Care Act

The United States Government offers health insurance through the Affordable Care Act. You can browse and enroll in marketplace healthcare through their website: healthcare.gov. [This link](#) will take you to the healthcare.gov page for young adults under 30 for you to learn more about your options.

If you have more questions, [here is a link to healthcare.gov's help page](#)

Medicaid

If you and/or your family cannot afford health insurance, you can apply for medical assistance on the Illinois Department of Human Services' [website](#), by mail, fax, or phone, or by visiting your local [Family Community Resource Center](#). If you are moving out of state, check your state's Department of Human Services website for more information.